LONDON GYMNASTICS

Providing the perfect balance of fun, passion and precision



CV for the position of Rhythmic Gymnastics Chairman

Name: Rebecca Bunce

How I became involved in gymnastics

- I started artistic gymnastics when I was 4 years old and moved onto rhythmic gymnastics when I was 10 years old.
- I began to assist coaching both disciplines from 13 years old and worked to get my level 3 coaching award in women's artistic and level 4 in rhythmic gymnastics.
- I eventually gave up teaching artistic gymnastics to focus on rhythmic where I could work more closely with the development and squad groups.
- I then began to work my way up the rhythmic judging levels to brevet Cat. 4 where I am now.
- Over the past few years I have coached and assisted with preparation of technical sheets with 5 different clubs.
- I have organised and run 11 club competitions for rhythmic, women's, men's and recreational gymnastics.
- I have been the Northamptonshire County chair for rhythmic gymnastics where I ran 2 county championships and many county training sessions.
- I have been selected to judge for GB aboard for 2 events since passing my brevet exam in November 2013 and recently was selected to be a National Technical Official at the Commonwealth Games in Glasgow.

Current involvement with a club and/or London Gymnastics

- I have judged at a few Four Season Rhythmic Competitions where I was also making sure the gymnasts where ranked in the correct order.
- I coach a few times a week at a gymnastics club in Essex and a club in Kent.
- I regularly get asked technical questions from clubs in London and around the country.
- I am one of two Brevet judges for England and on the English panel meaning I work closely with the coaches
 on evaluating the gymnast's routines and offering my assistance where possible.
- I also am on the judging panel for BG where I write the presentations for the courses and edited the videos for the course and exams.

What I would bring to the Region

- Having been involved within the sport for over 17 years in the UK, I have seen the sport develop from a very small community to a much larger one. I believe the sport will continue to grow especially from the success of the Welsh team at the Commonwealth Games. It therefore is really important to have a good set up of clubs who work together within London to provide the best for new and current gymnasts.
- London being a multi cultural city has a vast range of coaches, judges, parents and gymnasts who are
 involved with different rhythmic clubs in London. Due to the differences in clubs, this has caused some
 problems among the judges and coaches. I believe that by involving a neutral person such as myself, we may
 be able to come to a mutual agreement where there are not issues between judges and coaches especially at
 competitions.
- Having worked with a range of rhythmic clubs I have gained experience in the different organisation of clubs and training sessions depending on funding, training conditions and the range of coaches.

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